

Curriculum Vitae
John Joseph Miller, M.D.

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CURRENT POSITIONS:

Medical Director, Brain Health

Exeter, NH 03833

Mission Statement: Education of psychiatrists, physicians, psychiatric clinical nurse specialists, psychologists, therapists, health care providers, and the lay public about appropriate recognition, diagnosis and treatment of mental illness.

Delivery of over 2,500 educational lectures in 43 states on various topics in psychiatry/psychopharmacology since 1995. The venues for these lecture programs have been diverse and wide-ranging, including:

CME programs

Hospital Grand Rounds

Weekend educational CME symposiums

Educational seminars in clinics

Traditional dinner programs

Academic detailing at clinics/physicians offices

National and local teleconferences

National Broadcast to Hospitals/Clinics

Webcast

Staff Psychiatrist

Seacoast Mental Health Center

30 Prospect Ave. Exeter, NH 03833

Consulting Psychiatrist

Exeter Hospital

Exeter, NH 03833

Psychopharmacology supervisor to psychiatric clinical nurse specialists, and psychopharmacological consultant to psychiatrists/physicians.

Consulting Psychiatrist

Insight Meditation Society

1230 Pleasant St. Barre, MA 01005. Assessing psychiatric complications of meditation practice.

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Active Pharmaceutical Company Speaker Bureaus

Sunovion (Latuda)
Allergan (Viibryd, Fetzima, Saphris, Vraylar)
Otsuka/Lundbeck (Rexulti)

Frequent lecturer on a variety of topics including:

- Pharmacogenomics – Applications for Psychiatric Medications
- An Overview of the Atypical Antipsychotics: Focus on Receptor Binding Properties
- Differences Between the Typical and Atypical Antipsychotics
- Diagnosis and Treatment of Schizophrenia
- Schizophrenia: A Lifelong Illness
- Diagnosis and Treatment of Bipolar Disorder
- Diagnosis and Treatment of Bipolar Depression
- Diagnosis and Treatment of Depressive Disorders
- Augmentation Strategies in the Management of Refractory Depression
- Management of Co-Morbid Anxiety and Depression
- Treating Antidepressant Induced Sexual Dysfunction
- Epidemiology, Co-Morbidities and Treatment of Nicotine Dependence
- Diagnosis and Treatment of Fibromyalgia
- Drug/Drug Interactions at the Liver's CytochromeP450 Isoenzyme System
- Drug/Drug Interactions in Psychiatry
- Pharmacokinetic, Pharmacodynamic and Receptor Binding Differences of the SRIs
- Diagnosis and Treatment of Anxiety Disorders
- Diagnosis and Treatment of Post Traumatic Stress Disorder
- Diagnosis and Treatment of Obsessive Compulsive Disorder

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- Diagnosis and Treatment of Panic Disorder
- Considerations for Antidepressant use in the Geriatric or Medically Ill Patient
- Meditation and Mind/Body Medicine
- Mindfulness Based Stress Management

EDUCATION:

1977-1981 **B.S.** Biochemistry. University of MA, Amherst.
Summa Cum Laude.
First Place in Senior Science Research Presentations.

1982-1986 **M.D.** University of MA Medical School, Worcester.

POSTDOCTORAL TRAINING:

1986-1987 Internship Medical Center Hospital of Vermont, Burlington.

1988-1991 Residency Adult Psychiatry.
University of MA Medical Center, Worcester.

LICENSURE:

1987 to 2011 Massachusetts Medical License (voluntary non-renewal)

2007 to Present New Hampshire Medical License

1992 Diplomate of the American Board of Psychiatry and
Neurology

REGISTRATIONS:

DEA

PREVIOUS EMPLOYMENT:

2000-2007 **General adult out-patient psychiatrist.**
Harborside Counseling Services
143 State Street
Newburyport, MA 01950

Fall 2006 100-day Locum Tenens position
General adult psychiatrist
Monadnock Family Services
64 Main Street, Keene, NH 03431

1995-2000 Adult Out-Patient Psychiatry/Psychopharmacology

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Harris Street Associates
Newburyport, MA 01950

1999

Psychopharmacologist
Medical Psychology Center
400 Cummings Center, Suite, 456J
Beverly, MA 01915

1996-1999

Geriatric Psychiatry, Nursing Home Consultations.
North Essex Mental Health Centers
52 Inn Street
Newburyport, MA 01950

1995-1996

Staff Psychiatrist, Department of Psychiatry,
Beverly Hospital Beverly, MA 01915

1994-1995

Assistant Professor of Psychiatry
Department of Psychiatry
University of MA Medical Center
55 Lake Avenue North, Worcester, MA 01655

Team Leader, UMASS/Fallon HMO Psychiatry.
Consulting Out-Patient Psychiatrist.
Liaison to Department of Medicine;
Division of Preventive and Behavioral Medicine.
Out-Patient Supervisor for PGY-3 Psychiatry Residents.
Insight Psychotherapy Group Leader.
Large, eclectic out-patient case load.

1992-1994

Staff Psychiatrist, Hubbard Regional Hospital
Webster, MA 01570

1987-1988

Staff Psychiatrist, Baldpate Psychiatric Hospital
Georgetown, MA 01833

1981-1982

Biochemical Technician
Department of Biochemistry
University of MA, Amherst 01002

ORGANIZATIONS AND MEMBERSHIPS:

American Psychiatric Association.
Neuroscience Education Institute.

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RESEARCH & PROFESSIONAL INTERESTS:

- Pharmacogenomics and its Clinical Applications
- Psychopharmacology
- Receptor Binding Properties of Psychotropic Drugs
- Affective Disorders
- Psychotic Disorders
- Anxiety Disorders
- Obsessive Compulsive Disorder
- Evolving Understanding of the Central Nervous System
- Appropriate Clinical Applications of Meditation
- Clinical Complications of Meditation Practice
- Integration of Eastern & Western Psychologies
- Mindfulness-Based Stress Management.

PRESENTATIONS:

- 1998 to the present:** Over 2,000 lectures on a wide range of psychiatric topics
- March 3, 2010** *Clinician's Guide to Understanding Atypical Antipsychotic Drug Receptor Binding Properties*
CME Psychiatry Grand Rounds
Rockland Psychiatric Center
Orangeburg, NY
- May 7, 2009** *Clinician's Guide to Utilizing Antipsychotic Receptors in Treatment*
CME Psychiatry Grand Rounds
Jamaica Hospital Medical Center, Jamaica, NY
- September, 1997** *The Diagnosis and Treatment of Obsessive Compulsive Disorder*
Lecture for Psychiatric Clinical Nurse Specialists
Saugus, MA
- June, 1997** *Clinical Applications of the Evolving Field of Mind/Body Medicine*
Medical Grand Rounds, Anna Jaques Hospital
Newburyport, MA
- March, 1997** *Psychotherapy and Meditation*
All Day Seminar Presented with Ted Jones, LMHC

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North Essex Mental Health Centers
Haverhill, MA

- November, 1996** *The Clinical Applications of Mindfulness Meditation*
Psychiatry Grand Rounds, Baystate Medical Center
Springfield, MA
- October, 1996** *Clinical Applications of Mindfulness and
Concentration Meditation*
Four Hour Seminar at Harvard Pilgrim Health Care
Brookline, MA
- August, 1996** *Psychotherapy and Meditation*
Six Hour Seminar sponsored by Interface
Anna Jaques Hospital, Newburyport, MA
- May, 1996** *Drug/Drug Interactions of the SSRIs at the Liver's
Cytochrome P450 Isoenzyme System*
In-service Lecture, Harvard Community Health Plan
Burlington, MA
- April, 1996** *Meditation and Mind/Body Medicine*
Psychiatry Grand Rounds, Anna Jaques Hospital
Newburyport, MA
- November, 1995** *The Diagnosis and Treatment of Anxiety Disorders*
Medical Grand Rounds, Catholic Medical Center
Manchester, NH
- September, 1995** *The Diagnosis and Treatment of Obsessive Compulsive
Disorder*
Medical Grand Rounds, Goddard Medical Associates, P.C.
Brockton, MA
- December, 1992** *The Therapy of Silence: Meditation as a Healing Modality*
Psychiatry Grand Rounds, Westborough State Hospital
Westborough, MA
- March, 1991** *The Role of Meditation in the Treatment of Psychiatric
Disorders*
Psychiatry Grand Rounds
University of MA Medical Center
Worcester, MA
- March, 1991** *The Role of Meditation in the Treatment of Psychiatric*

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Disorders

Grand Rounds, Harrington Hospital
Southbridge, MA

May, 1988

Meditation as a Healing Modality

Psychiatry Grand Rounds, Medical Center Hospital of VT
Burlington, VT

BIBLIOGRAPHY:

Pollak, J and Miller, J: "How you can aid your patient's claim for long-term disability"; *Current Psychiatry*; Vol. 15; No. 10; Pages 69-70; October 2016.

Miller, J: "Serum Levels of Psychiatric Drugs"; *Psychiatric Times*; Vol. 31; No. 11; pages 64-67; November 2014.

Pollak, J and Miller, J: "When It May Not Be Adult Attention Deficit Disorder"; *Counselor*; Vol. 14; No. 6; pages 56-61; December 2013.

Miller, J: "Discontinuing Medications: When, Why, and How-to"; *Psychiatric Times*; Vol. 30; No. 7; pages 32-35; July 2013.

Pollak, J and Miller, J: "The Diagnosis of Bipolar Disorder: A Review and Clinical Guide for Psychologists and Other Mental Health Clinicians"; *The Clinical Practitioner*; Vol. 8; No. 2; pages 13-41; March 2013.

Pollak, J; Baron, B and Miller, J: "The Role of Psychodiagnostic Testing Services in Community Support Programs"; *Counselor*; Vol. 13; No.4; pages 54-57; August 2012.

Pollak, J and Miller, J: "Mental Health Assessment – A Medical Perspective"; *Social Work Today*; Vol. 11; No. 6; page 6; 2011.

Pollak, J and Miller, J: "Mental Disorder or Medical Disorder? Clues for Differential Diagnosis and Treatment Planning"; *Journal of Clinical Psychology Practice*; Vol. 2; pages 33-40; 2011.

Pollak, J and Miller, J: "A Call to DSM-V to Focus on the Designation of Borderline Intellectual Functioning"; *Psychiatric Times*. December 8, 2009.

Miller J: Book Review of The Cure Within: A History of Mind-Body Medicine. By: Harrington A. Published in *Psychiatric Services*; Vol. 59; No. 11; pages 1353-1354; November 2008.

Expert Survey Participant for: Expert Consensus Guidelines For the Treatment of Bipolar

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Disorder In The Correctional Setting; Buscema CA, et al. May 2006. Jointly sponsored by AKH Inc. and the McMahon Publishing Group.

Miller J and Schmidt A: "Healing Trauma With Meditation"; *Tricycle: The Buddhist Review*; Fall 2004; pages 40-43.

Miller J: Book Review of Complementary and Alternative Medicine and Psychiatry. By: Muskin P. Published in *Psychiatric Services*; Vol. 53; No. 5; pages 640-641; May 2002.

Miller J: Book Review of Complementary Therapies in Context: The Psychology of Healing. By: Graham H. Published in *Psychiatric Services*; Vol. 52; No. 6; page 851; June 2001.

Miller J: Chapter on Stress Management; Heart Fitness For Life; McGowan, M; October 1997 - Oxford University Press.

Miller J: Book Review of A Handbook for Constructive Living. By: Reynolds D. Published in *Psychiatric Services*; Vol. 48; No. 8; pages 1091-1092; August 1997.

Miller J: Book Review of Textbook of Transpersonal Psychiatry and Psychology. By: Scotton B, Chinen A, and Battista J. Published in *The Journal of Transpersonal Psychology*; Vol. 28; No. 2; pages 194-196; 1996.

Urbanowski F and Miller J: "Trauma, Psychotherapy, and Meditation"; *The Journal of Transpersonal Psychology*; Vol. 28; No. 1; pages 31-48; 1996.

Miller J: Book Review of Thoughts Without A Thinker: Psychotherapy From A Buddhist Perspective. By: Mark Epstein, M.D. Published in *Psychiatric Services*; Vol. 47; No. 2; pages 201-202; 1996.

Miller J, Fletcher K and Kabat-Zinn J: "Three-Year Follow-Up and Clinical Implications of a Mindfulness Meditation-Based Stress Reduction Intervention in the Treatment of Anxiety Disorders"; *General Hospital Psychiatry*; Vol. 17; pages 192-200; 1995. Presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA; March 1993.

Miller J: "The Unveiling of Traumatic Memories and Emotions Through Mindfulness and Concentration Meditation: Clinical Implications and Three Case Reports"; *The Journal of Transpersonal Psychology*; Vol. 25; No. 2; pages 169-180; 1993.

Miller J: An Analysis of the Fate of the Escherichia coli 4.5S RNA Gene in Yeast Using a Recombinant Plasmid; Senior Honors Thesis; University of MA, Amherst; 1981.